

Include

Arts opportunities for children and young people with additional needs

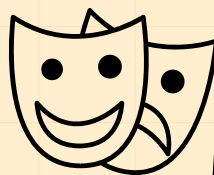
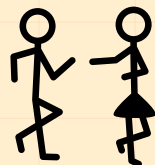
All sessions aim to be inclusive and accessible to enable children and young people with disabilities to engage in arts activities.

Please contact each organisation to find out more about suitability.

Produced by the Leeds Include network supporting opportunities for children and young people

Further information:

www.artformsleeds.co.uk
www.breezeleeds.org



Organisations websites

Breeze Arts Foundation / Breeze Friday and Saturday Night Projects

www.breezeleeds.org

Equal Voices Arts

www.equalvoices.co.uk

First Floor, West Yorkshire Playhouse

www.wyp.org.uk/join-in

Gordon Parry Centre

www.artformsleeds.co.uk

Leeds Library and Information Service

www.leeds.gov.uk

Meshdance/Leeds Mencap's Me2 Inclusive Youth Dance Company

www.meshdance.com
www.leedsmencap.org.uk

Musical ARC

www.musicalarc.org.uk

Northern Ballet

www.northernballet.com

Opera North

www.operanorth.co.uk/education

Purple Patch Arts

www.purplepatcharts.org

Pyramid of Arts

www.pyramid-of-arts.org.uk

The Together Through Play project, the University of Leeds

www.engineering.leeds.ac.uk/iesd.new/research/together-through-play-project/Introduction.shtml

We Are Theatre

www.wearetheatre.co.uk

West Yorkshire Playhouse Beautiful Octopus Club / Relaxed Performances

www.wyp.org.uk

YAMSEN: Specially Music

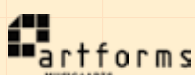
www.yamsen.org.uk

Yorkshire Dance

www.yorkshiredance.com

Phoenix Dance Theatre

www.phoenixdancetheatre.co.uk



For further information on freelance artists, projects and training:
www.culturenetwork.breezeleeds.org

Regular activities for under 5s and families

Gordon Parry Centre Team

One to One Music Therapy sessions at HEART on Tuesdays, open to all ages. There is a charge.

Leeds Library and Information Service

Weekly story and rhyme times at various libraries across the city, open to all children and their carers. Free

SaturDads session for children under 5 with their dads, granddads, brothers, stepdads or male carers. This is held monthly at Crossgates Library. Free

Family Clubs - in family clubs we share stories, talk about books, play games, surf the internet, sing rhymes and songs, get involved in crafts and art activities and host special events. Free

Bookstart Bear Club - scheme that runs throughout the year to encourage and support sharing books. Free

Opera North

Little Voices - weekly music sessions for 0-5 yr olds and their parents/carers.

Little Voices Outreach - weekly early years sessions in three children's centres across Leeds in Middleton, Harehills and Seacroft.

Regular activities for 5-11s

Breeze Friday and Saturday Night Projects

Weekly activities for 8 - 12 year olds in certain Leisure Centres.

Gordon Parry Centre Team

After school club on Wed evenings, 4 - 5pm at John Jamieson.

One to One Music Therapy sessions at HEART on Tuesdays, open to all ages. There is a charge.

Leeds Library and Information Service

Family Clubs - in family clubs we share stories, talk about books, play games, surf the internet, sing rhymes and songs, get involved in crafts and art activities and host special events. Free

Bookbugs - Bookbugs groups are for children aged 5 to 7 years. Come along for a fun session of stories, games and crafts. Free

Multi-sensory Storytime Sessions - specifically suited to children with additional needs. A fun session of stories to engage all the senses. Free

Chatterbooks - Chatterbooks groups are for children aged 7 to 11 years. Come along for a fun session of stories and activities. Free

Northern Ballet

Northern Ballets most popular productions are audio described for the blind and visually impaired. Touch tours of the stage and dance workshops are also available.

"in motion" - dance projects for wheelchair users. Evening and weekend sessions during the Summer Term, culminating in an informal performance for family and friends. Taster sessions available in Spring.

Opera North

Family workshops - 1 per season (every 3 months). Open to all.

Phoenix Dance Theatre

Illuminate Dance
Creative dance classes on Saturday afternoons for young people with additional needs aged 6 - 10 years. Classes give young people the opportunity to develop new skills and engage in physical activity whilst making new friends. Free

YAMSEN:SpeciallyMusic

Young Accord choir meets once a month on a Tuesday morning.

West Yorkshire Playhouse

Relaxed Performances
We currently offer between 3 and 5 Relaxed Performances per year. These are advertised in the WYP brochure and website. Relaxed Performances are mainstream shows adapted to make them accessible to children, young people or adults with learning disabilities depending on the suitability of the show. Free companion tickets and extra wheelchair spaces are available.

Regular activities for 11-16s

Breeze Friday and Saturday Night Projects

Weekly activities for 12 – 18 year olds in certain Leisure Centres.

First Floor, West Yorkshire Playhouse

First Floor is next door to The Wardrobe Bar in Leeds. We have a bright red door with a number 6 on it.

BUZZ @ First Floor is a programme of work for young people with learning disabilities aged 14 – 25. We provide a safe space to develop new skills, make friends, meet friends and go to the theatre.

Weekend Workshops - Saturdays 1pm – 3pm, term time, in drama, music, singing and visual arts. Cost: £2.

School Holidays - Various projects – check website or contact First Floor.

Gordon Parry Centre Team

One to One Music Therapy sessions at HEART on Tuesdays, open to all ages. There is a charge.

After School Club on Wed evenings, 4 – 5pm at Milestone school. Free

Parajam Accessible Music Technology club at Temple Moor High school, 3.30 - 4.30pm. Free

Leeds Library and Information Service

Multi-sensory Storytime Sessions – specifically suited to children with additional needs. A fun session of stories to engage all the senses. Free

Wetherby Comic Club - informal meeting place for young people 11-18 years who enjoy reading, writing and illustrating their own comics. Free

Creative Comics - Comics and Graphic novels – Leeds Central Library with Youth Point run Creative Comic sessions for 11-19 year olds. You get to have a bit of fun while writing stories about your favourite heroes and heroines. Free

MeshDance / Leeds Mencap

Me2 Inclusive Youth Dance Company is a Friday night session which takes place at Northern School of Contemporary Dance. The session is for young people with and without disabilities, aged 11-24 years old. Entrance charge applies.

Northern Ballet

Northern Ballet's most popular productions are audio described for the blind and visually impaired. Touch tours of the stage and dance workshops are also available.

"in motion" - dance projects for wheelchair users. Evening and weekend sessions during the Summer Term, culminating in an informal performance for family and friends. Taster sessions available in Spring.

Opera North

OPUS2 and OPUS3 - weekly creative sessions for young people aged 11-14 and 14-18 in mainstream education. Young people with additional needs can access this project; however it is not solely for young people with disabilities.

VERVE 1 and 2 Jan-March. Weekly Saturday sessions, music and drama for young people aged 10-15 with Asperger's Syndrome or high-functioning autism.

OCTAVE – Cross arts project for young people with learning disabilities.

Phoenix Dance Theatre

Illuminate Dance Creative dance classes on Saturday afternoons for young people with additional needs aged 11 – 18 years. Classes give young people the opportunity to develop new skills and engage in physical activity whilst making new friends. Free

Pyramid of Arts

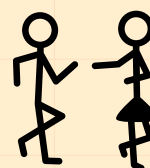
Weekly art group for ages 14 – 18. Every Wednesday, free. Creative arts project for young people with learning disabilities in the Leeds area.

YAMSEN:SpecialtyMusic

One Accord Choir meets once a month on a Tuesday morning.

West Yorkshire Playhouse

Relaxed Performances We currently offer between 3 and 5 Relaxed Performances per year. These are advertised in the WYP brochure and website. Relaxed Performances are mainstream shows adapted to make them accessible to children, young people or adults with learning disabilities depending on the suitability of the show. Free companion tickets and extra wheelchair spaces are available.



Regular activities for 16 – 25s

Breeze Friday and Saturday Night Projects

Weekly activities for 12 – 18 year olds in certain Leisure Centres.

First Floor, West Yorkshire Playhouse

First Floor is next door to The Wardrobe Bar in Leeds. We have a bright red door with a number 6 on it.

BUZZ @ First Floor is a programme of work for young people with learning disabilities aged 14 – 25. We provide a safe space to develop new skills, make friends, meet friends and go to the theatre.

Weekend Workshops - Saturdays 1pm – 3pm, term time, in drama, music, singing and visual arts. Cost: £2.

School Holidays - Various projects – check website or contact First Floor.

Gordon Parry Centre Team

One to One Music Therapy sessions at HEART on Tuesdays, open to all ages. There is a charge.

Leeds Library and Information Service

Multi-sensory Storytime Sessions – specifically suited to children with additional needs. A fun session of stories to engage all the senses. Free

Horsforth VIP Readers Group – join for a lively and stimulating discussion about audio books. Free

Games Group at Central Library – come along to play Warhammer or card games such as Yu-Gi-Oh!, Magic the Gathering and others. Bring your own army or cards or learn to play with our collections. Meet new friends. Have fun and enjoy yourself. Free

MeshDance / Leeds Mencap

Me2 Inclusive Youth Dance Company is a Friday night session which takes place at Northern School of Contemporary Dance. The session is for young people with and without disabilities, aged 11-24 years old. Entrance charge applies.

Northern Ballet

Northern Ballets most popular productions are audio described for the blind and visually impaired. Touch tours of the stage and dance workshops are also available.

"in motion" – dance projects for wheelchair users. Evening and weekend sessions during the Summer Term, culminating in an informal performance for family and friends. Taster sessions available in Spring.

Ability – a weekly dance course for adults with learning disabilities who want to improve dance skill, create work and perform.

Opera North

VERVE CLUB – monthly Saturday arts club for 16-25 yr olds with Asperger's Syndrome or high-functioning autism.

Phoenix Dance Theatre

Illuminate Dance Creative dance classes on Saturday afternoons for young people with additional needs aged 9 – 18 years. Classes give young people the opportunity to develop new skills and engage in physical activity whilst making new friends. Free

Purple Patch Arts

Weekly, day-time activities including drama, movement, music, literature and visual arts... all aiming to Inspire Creative Adventure!

Pyramid of Arts

Weekly art group for ages 14 – 18. Every Wednesday, free. Creative arts project for young people with learning disabilities in the Leeds area.

Weekly cross-arts group for ages 18 – 25. Every Thursday, free. Creative arts project for young people with learning disabilities in the Leeds area.

We Are Theatre

Weekly groups in drama/ dance/music on Tuesdays and Fridays. First session free.

West Yorkshire Playhouse

Beautiful Octopus Club Beautiful Octopus Club is a club night run by and for adults with learning disabilities supported by Playhouse staff. It is strictly for over 18s. It takes place twice a year in March and September at Leeds University Union. There is live music, DJs and a unique opportunity to socialise with up to 600 other people in an inclusive, accessible environment. There is a charge to get in (currently £7/£8) which is applicable to all who attend.

Relaxed Performances

We currently offer between 3 and 5 Relaxed Performances per year. These are advertised in the WYP brochure and website. Relaxed Performances are mainstream shows adapted to make them accessible to children, young people or adults with learning disabilities depending on the suitability of the show. Free companion tickets and extra wheelchair spaces are available.

YAMSEN: SpeciallyMusic

Yamsen: AdultMusic meets on Friday mornings for those aged 19+. £2.50 per person

Off By Heart Choir alternates with YAM music workshops aged 19+. £2.50 per person

Yorkshire Dance

Mind the Step – creative weekly dance sessions at Yorkshire Dance. Wednesdays, 5 – 6.30pm. Sessions for 19 years plus.